

What Does It Mean

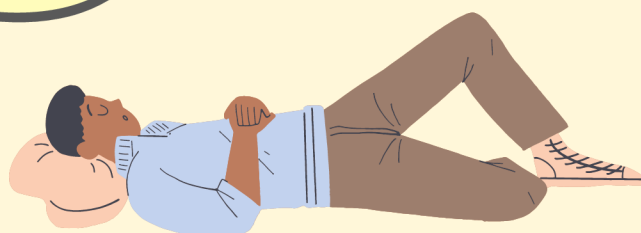
TO BE A BLACK MAN TODAY?

An exploration around the complexities of showing up as
black men in society

Reflection by Carl Amouzou

THE PRESSURE TO PROVE

Throughout history, black men have been emasculated and treated as less than men. This has created pressure for black men to constantly prove they are men, often through damaging and degrading stereotypes of manliness.



THE HARM CAUSED

How many black women, black children, and black men have been harmed in word and deed by the perpetuation of the lie that black men must prove they are men amidst the toxic conditions of oppression?



What Does It Mean TO BE A BLACK MAN TODAY?

A CALL FOR GOOD MEN

We need black men, we need all men, to be good men. This is not a call for 'well-behaved' men but for men to live from an essence of goodness.



REDEFINING MASCULINITY

This starts by acknowledging that there is no metric upon which one can prove they are man enough.



What Does It Mean TO BE A BLACK MAN TODAY?

LOVE AND LIBERATION

Masculinity shows up in love and liberation by becoming confident in who one is.



ELEVATING THE COMMUNITY

Black men bear witness to this in a purpose that emanates from a wholeness of self and cultivates wholeness in the black community.

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and join our
volunteering team